

2026 Grief Group Offerings

**Grief is not meant to be carried alone.
Healing takes time, and support matters.**

This annual calendar outlines our year-round grief support groups, created to offer comfort, understanding, and hope for those navigating loss.

JANUARY							FEBRUARY							MARCH							APRIL						
S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S							
				1	2	3	1	2	3	4	5	6	7	1	2	3	4	5	6	7							
4	5	6	7	8	9	10	8	9	10	11	12	13	14	5	6	7	8	9	10	11							
11	12	13	14	15	16	17	15	16	17	18	19	20	21	12	13	14	15	16	17	18							
18	19	20	21	22	23	24	22	23	24	25	26	27	28	19	20	21	22	23	24	25							
25	26	27	28	29	30	31								26	27	28	29	30									
MAY							JUNE							JULY							AUGUST						
S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S							
					1	2		1	2	3	4	5	6				1	2	3	4							
3	4	5	6	7	8	9	7	8	9	10	11	12	13	5	6	7	8	9	10	11							
10	11	12	13	14	15	16	14	15	16	17	18	19	20	12	13	14	15	16	17	18							
17	18	19	20	21	22	23	21	22	23	24	25	26	27	19	20	21	22	23	24	25							
24	25	26	27	28	29	30	28	29	30					26	27	28	29	30	31								
31																											
SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER						
S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S							
			1	2	3	4					1	2	3	1	2	3	4	5	6	7							
6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14							
13	14	15	16	17	18	19	11	12	13	14	15	16	17	15	16	17	18	19	20	21							
20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28							
27	28	29	30				25	26	27	28	29	30	31	29	30												

We're here to support you every step of the way.

To join a group, register online or by phone at (509) 783-7416
For details on each session, visit TCCBestLife.org/Grief-Care

Scan Here
to Register



GRIEF GROUPS

	Anticipatory Grief Group
	Pet Loss
	Closed Group
	Bilingual Group
	Open Group (Evening)
	Open Group (Daytime)